

COLOURFUL SALADS

Mixed leaves, tomatoes, cucumber, grated carrot, sliced beetroot, vegetable crudités
 Houmous, mixed grains
 Roast salmon & quinoa salad
 British chicken salad, carrot, sugar snaps & soya beans
 Salad dressings & toppings

HEALTHY & HEARTY

Homemade vegetable & lentil soup
 Grains, lentils & quinoa
 Bread selection
 Outdoor reared leg of pork, crispy crackling, apple sauce. Gravy
 Stir fry: Vegetables, chicken strips, tofu, noodles, sweet chilli or soya sauce
 Grilled Cornish sardine fillets, chickpeas, lemon & cherry tomatoes
 Vegetable & puy lentil one pot stew. Rice
 Roasted new potatoes
 Tender stem broccoli, carrots

A LITTLE TREAT

American pancakes, fruit coulis, honey, maple syrup, fruit salad, half fat Greek style yoghurt
 Forest fruit & pear gratin
 Carrot cake
 Greek yoghurt & mango
 Eton Mess

BREAKS

MORNING PICK-ME UP

Bircher muesli
 Freshly baked cheese twists

AFTERNOON REVIVER

Homemade fruity flapjack
 Oven baked churros

HELP YOURSELF ALL DAY TO:

Fruit, freshly baked cookies, nuts, seeds, dried fruits

FOOD
FOR
THOUGHT

RESTAURANT LUNCH
& BREAKS

SAMPLE
MENU

This is a tailored menu to inspire
fresh thinking. Simply Uplifting!



SAMPLE MENU

1HQ
BRAND AGENCY

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PROJECT DETAILS

Client: HOLIDAY INN
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 AW Orig. Date: 101213
 Application & Version: Adobe Illustrator CS6
 Imports Application: Photoshop CS eps's
 Number of Inks: Number of Colours
 Cutter guide Ref No: 210 X 297MM

PROJECT DETAILS



ARTIST

Original: C WEAVERS 101213
 Rev 1: R Shearman 161213
 Rev 2: C WEAVERS 181213
 Rev 3:
 Rev 4:
 Rev 5:
 Rev 6:
 Rev 7:
 Rev 8:

SPECIAL INFO

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